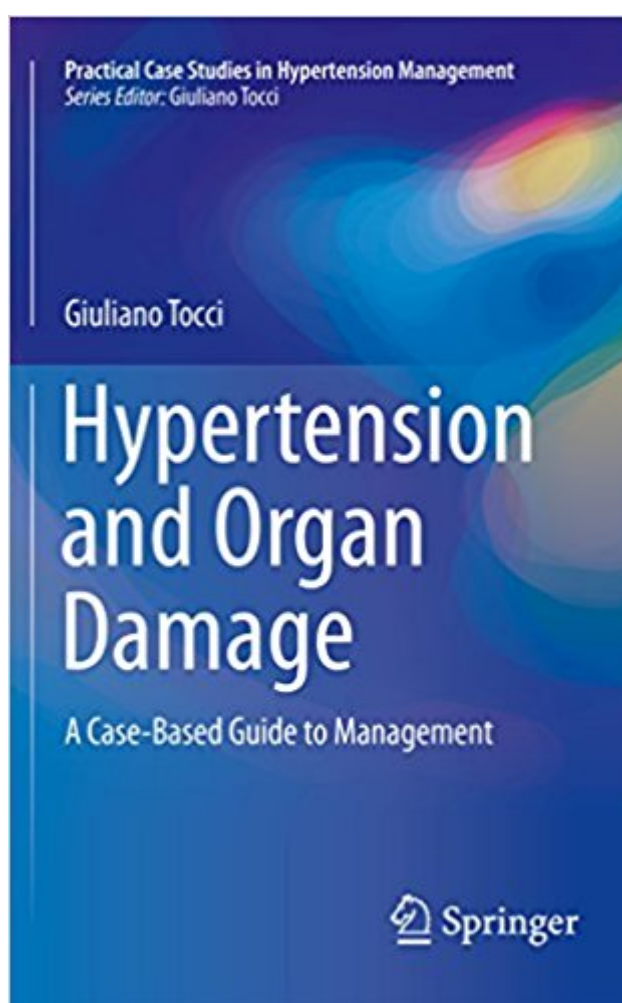


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Hypertension And Organ Damage: A Case-Based Guide To Management (Practical Case Studies In Hypertension Management)



Synopsis

This book is designed to assist physicians in choosing among diagnostic procedures and therapeutic options when caring for patients with hypertension and markers of organ damage. The comprehensive description of practical clinical cases sets this book apart from other publications and will help the reader to transfer general guideline recommendations to the clinical setting. With this purpose, the cases have been selected to reflect situations frequently encountered during clinical routine, rather than hypertensive crises or emergencies or the rare presentations that tend to be addressed in case reports in scientific journals. The scenarios considered include treated hypertension with uncontrolled blood pressure levels in patients with left ventricular hypertrophy, diastolic dysfunction, carotid atherosclerosis, microalbuminuria and renal impairment, proteinuria and renal disease, and abnormal pulse pressure. By representing clinical practice in a “real world” setting, these paradigmatic cases will enable the practitioner to select the diagnostic tools and form of treatment best suited to the individual patient and the particular cardiovascular risk profile, thereby optimizing outcomes.

Book Information

File Size: 3891 KB

Print Length: 119 pages

Publisher: Springer; 1st ed. 2016 edition (December 24, 2015)

Publication Date: December 24, 2015

Sold by: Digital Services LLC

Language: English

ASIN: B019WQU41C

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Not Enabled

Lending: Not Enabled

Enhanced Typesetting: Not Enabled

Best Sellers Rank: #488,563 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #32

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